

Instructional Resources

Cosmetology CIP No. 12.0400

Please note: This list of instructional resources is provided as a tool and not an endorsement by the Arizona Department of Education. Contact information for these resources is subject to change.

Content: **Associations/Organizations**
 Journals and Periodicals
 Textbooks
 Websites

ASSOCIATIONS

American Association of Cosmetology Schools

<http://www.beautyschools.org/>

Cosmetology Educators of America (CEA)

15825 N. 71st Street, Suite 100
Scottsdale, AZ 85254-1521

A national non-profit association open to all privately owned schools of Cosmetology Arts & Sciences. AACS specializes in updating our members with information about new teaching methods, current industry events, and Washington, DC updates. This is done through a series of seminars, conferences and conventions held throughout the year. The educational division.

Arizona Board of Cosmetology

http://www.cosmetology.state.az.us/General_Info/About.htm

The Arizona Board of Cosmetology, mandated to protect the public, issues 12 categories of licenses to individuals who qualify by reciprocity or through the Board's administration of a written and practical examination; to salons; and to schools. The Board enforces regulation by inspections, by investigation of consumer complaints, and conducts hearings and imposes enforcement action when appropriate.

American Beauty Association

<http://www.abbies.org/index.html>

The American Beauty Association's mission is to "expand, serve and protect the interests of the professional beauty industry." Established to be the unified voice of the professional salon industry, the American Beauty Association's membership includes manufacturers, manufacturer representatives and associated firms, including the most prestigious hair, skin and nail care companies in the United States. The American Beauty Association has been instrumental in representing the professional salon industry at all levels of government.

Associated Bodywork and Massage Professionals

<http://www.abmp.com/home/index.html>

Offering liability insurance, business support, educational materials, and legislative advocacy and updates, ABMP members are ensured we're looking out for their best interests. We offer three different membership levels as well as membership for skin care professionals.

CIDESCO

www.cidesco.com

A world wide association for Beauty professionals. Holds seminars, conferences, and has over 200 schools worldwide.

Day Spa Association

<http://www.dayspaassociation.com/>

Information on Day Spa Facilities, Etiquette, Services etc.

International Guild of Professional Electrologists, Inc.

<http://www.igpe.org/about.htm>

The International Guild of Professional Electrologists, Inc. (IGPE) is a non-profit organization dedicated to providing the latest information about permanent hair removal to the consumer.

National Cosmetology Association

<http://www.behindthechairexchange.com/nca/>

NCA offers a variety of programs and benefits focused on helping members to develop individual career paths focused on success. Current programs include:

Americas' Academy - Presented by the "best of the best" of NCA's Americas' Educators, the Americas' Academy provides product neutral quality education offerings at both NCA and industry events.

Americas' Educators - NCA's National Education Committee, the Americas' Educators include 350+ top hair, nail and esthetics educators who bring the latest techniques to their peers.

CIDESCO - The world's leading organization of professional estheticians is represented in United States by NCA. Under the banner of CIDESCO USA, NCA offers internationally recognized certification and educational programs to leading estheticians.

National Interstate Council of Cosmetology Boards

www.nicesting.org

The National-Interstate Council of State Boards of Cosmetology, Inc. (NIC) is composed of members of licensing boards of cosmetology from each of the fifty states and the U.S. territories.

JOURNALS AND PERIODICALS

American Spa Magazine

<http://www.americanspamag.com/americanspa/>

Atlanta Hair Magazine

<http://www.atlantahairmag.com/>

Information on multicultural hair and salons

Cosmetólogos Latin

by Carlos Velensuela

<http://www.abmp.>

Focusing on the the Latino community.

DaySpa

www.dayspamagazine.com

The business magazine for the salon of the future.

Hair News Magazine

<http://www.hair-news.com/>

Dedicated to the art and science of hair

Hype Hair

No website found

Hype Hair is a hair care and beauty magazine for African American women. Creative, up-to-date hairstyles, makeup tips, fashions and exclusive celebrity style tips.

Modern Salon

Salon Today

Process

<http://www.salontoday.com/mainpage.ihtml>

Nails

<http://www.nailsmag.com/home.cfm>

Magazine dedicated to nail care and art.

NailPro

<http://www.nailpro.com/>

Nailpro is committed to providing the ultimate resource for the professional nail world. Every day, salon owners, managers and nail technicians are exposed to an increasing variety of products and services available to them. In this competitive environment, *Nailpro* focuses on how to translate these products and ideas into marketable services that generate greater revenues.

TEXTBOOKS

Thomson – Delmar Learning

<http://www.delmarlearning.com/cosmetology/Index.aspx?cat1ID=CM>

28 Styles for Student Practice

Author: Kenneth Young

Edition: 002

ISBN: 1562530704

Copyright: 1991

A unique blend of traditional and contemporary styles, Milady's 28 Styles features both long-haired and short styles, to give cosmetologists experience in cutting, setting, comb-out and blow-dry techniques.

African-Caribbean Hairdressing

Author: Sandra Gittens

Edition: 002

ISBN: 1861528043

Copyright: 2002

African-Caribbean Hairdressing, Second Edition is an updated essential guide covering all aspects of hairdressing techniques in this area. It is the only book written in the UK for students and professionals studying and working with this client group. African-Caribbean hair is more delicate than other types of hair and the techniques and procedures require a specialist knowledge and expertise. This book takes the reader step-by-step through each skill area with the aid of illustrations and photographs

The Art of Hair Colouring

Author: David Adams; Jacki Wadson

Edition: 001

ISBN: 1861528949

Copyright: 1998

Designed for both hairdressing students and experienced technicians, the object of this book is to unveil the visionary world of colour. This book will help you to understand the philosophy, the history, and the power of colour and, perhaps more importantly, it will also show you how, with step-by-step photo sequences, to take the uncertainty and complexity out of colouring hair.

Basic Care for Naturally Textured Hair, Cultivating Curly, Coily, and Kinky Hair

ISBN: 0766837610

Copyright: 2002

Amazing locks, braids, weaves, twists, and wraps define some of the hairstyles worn best by those with very curly or African hair. Black Hair Care not only covers the internationally renowned and latest styles, it also shows how to care for your hair, and gives professional advice on hair coloring, chemical treatments, styling, and sculpting techniques.

How to Create the Perfect Eyebrow

Author: Victoria Bush

Edition: 001

Product Type: Books

ISBN: 1401833357

Copyright: 2004

It features basic and advanced methods of measuring to properly place an eyebrow, including essential information regarding eye set, arch placement, beginning point, ending point, long-standing rules and corrective techniques

Life Management Skills for Cosmetology, Barber-Styling, and Nail Technology

Author: Catherine Lamb

Edition: 001

Product Type: Books

ISBN: 1562532529

Copyright: 1996

With this self-help organizer your students will learn how to manage time; how to succeed in school; and develop goals in life. Included are tips on how to study and how to seek advice; money management and job searching skills; internships possibilities; motivational quotes to spark discussion and support teacher's efforts, and much more. It's a complete guide to help students graduate and prepare for the transition to the professional market

Mature Elegance: Styles and Techniques for Mature Clients

Author: Sara Ringler; Louise Adrian Cotter

Edition: 001

ISBN: 1562533398

Copyright: 1998

Mature Elegance is a book of style selections and helpful technical tips to help you in targeting this important segment of society. This book includes comprehensive technical, coverage of facial features and makeup, hair color and perming, in addition to valuable information on how to sell to and communicate with this very large market segment.

Milady's Aesthetician Series, Ensuring an Optimal Outcome in Skin Care

Author: Pamela Hill

Edition: 001

Product Type: Books

ISBN: 1401881785

Copyright: 2005

This book addresses some of the most important topics in medical skin care—not the technical side of the business but the relationship side. Readers will learn how to conduct a client consultation and the most important components of a client care plan. They will also gain valuable advice about developing and maintaining positive working relationships with physicians. From clinician ethics to patient rights, this book helps the reader advance professionally by educating them about these important components of the business.

Milady's Aesthetician Series, Microdermabrasion

Author: Pamela Hill

Edition: 001

Product Type: Books

ISBN: 1401881769

Copyright: 2005

This book's innovative approach to teaching advanced microdermabrasion techniques makes it easy for aestheticians, clinicians and physicians to follow proven techniques. Professionals in medical skin care facilities, day spas and resort spas will find that the case studies and specific instructions for implementing process will give them invaluable insight into performing highly successful treatments.

Milady's Hair Removal Techniques, A Comprehensive Manual

Author: Helen Bickmore

Edition: 001

ISBN: 1401815553

Copyright: 2004

This helpful guide provides the most complete source for those seeking to expand their knowledge on a variety of hair removal techniques. You'll receive basic information and instruction on both temporary and permanent methods of hair removal, including waxing, electrolysis and lasers.

Milady's Hairstyling, Men's, Women's and Children's Styles

Author: Kenneth Young

Edition: 001

ISBN: 1562531549

Copyright: 1993

This clearly illustrated guide shows readers innovative styling techniques for men, women, and children, with special emphasis on hands-on techniques to achieve attractive, fashionable results

Milady's Situational Problems for the Cosmetology Student

Author: Catherine Frangie

Edition: 001

ISBN: 1401838952

Copyright: 2004

Situational Problems for Cosmetology Students tests students' knowledge of how they should apply the information they have learned to real-life situations. While the Exam Review gauges their recollection of information, this text asks that they apply that knowledge to situations that more closely reflect what they are likely to encounter as a salon employee, demonstrating that they know how to use the information they have learned.

Milady's Standard Cosmetology

Author: Milady

Edition: 001

ISBN: 1562538799

Copyright: 2004

Milady's Standard Textbook of Cosmetology has led the way in cosmetology education for more than 64 years by changing to meet the evolving needs of students and the market. With this new edition, the changes are dramatic. The fresh new text layout, completely new and reorganized chapters, and all new photography and illustrations provide the open, easy-to-follow format that students need with the reliability that is the hallmark of Milady.

Milady's Standard Professional Barbering

Author: Maura T. Scali-Sheahan

Edition: 004

ISBN: 1401873952

Copyright: 2005

Milady's Standard Professional Barbering brings you the latest in men's haircutting and styling. Designed to help prepare for a successful career in the professional market, this text boasts full-color photos and illustrations that provide better clarity of procedures and accurate visual representations.

Milady's Razor Cutting

Author: Kenneth Young

Edition: 001

ISBN: 1562531808

Copyright: 1994

An easy-to-read book, Milady's Razor Cutting is a step-by-step technical guide to cutting a variety of specific haircuts using razor techniques. This highly-illustrated book shows each facet of various processes, including haircuts appealing to all types of clients.

Milady's Standard Nail Technology

ISBN: 1562538829

Copyright: 2004

Up-to-date information available to nail technologists as well as updated supplementary materials for the student and instructor. In addition, this updated text incorporates recommendations from state boards of cosmetology, classroom instructors, school owners, manufacturers, and practitioners.

Nail Structure and Product Chemistry

Author: Douglas Schoon

Edition: 002

Product Type: Books

ISBN: 140186709X

Copyright: 2005

Easy-to-read and understand, this text brings together authoritative information from diverse fields including dermatology; toxicology; anatomy and physiology; chemistry; physics; and materials science. Authored by a leading research scientist in this field, the text serves as an informational guide for anyone interested in learning more about how and why professional nail products work; how to troubleshoot, understand and solve most common salon problems; why products sometimes don't work and how to avoid these problems; how to avoid product-related skin allergies; and more. The text contains an in-depth study of the natural nail, its various parts, and how they function together.

Professional Hairdressing, The Official Guide to Level 3

Author: Leo Palladino; Martin Green

Edition: 004

ISBN: 1861529406

Copyright: 2003

Professional Men's Hairdressing, The Art of Cutting and Styling

Author: Guy Kremer; Jacki Wadson

Edition: 001

ISBN: 1861529023

Copyright: 2003

In Professional Men's Hairdressing: the art of cutting and styling Guy presents a range of styles which show a variety of men's cuts and looks for the twenty first century. Presented in five cutting-edge collections, he demonstrates twenty five styles in step by step detail

Spa and Salon Alchemy

Author: Sandra Alexcae Moren

Edition: 001

ISBN: 1401879551

Copyright: 2005

Readers will learn about leading-edge equipment, products, services and treatments to help them make their planning decisions. They'll also gain insight into ancient and innovative approaches to healing, longevity and youthfulness that they can bring to their clients, promoting satisfaction and retention. And, spas/salons will more easily attract and retain staff using the author's new approaches to educating, coaching and developing personnel.

PIVOT POINT

http://pivotpointstore.com/books_and_video.html

Design Forum Book Sets

An exciting presentation of talent, from the industry's finest hair designers. Professional photographs of cutting-edge, international fashion trends. New applications for basic design techniques. Lessons in adaptability, allowing students to see how fashion trends may be altered for individual clients. Step-by-step technicals, putting the world of creative hair design at your students' fingertips. Client Style Selector

Mindful Teaching™

Mindful Teaching™ is a new, innovative professional development program for teachers. The goal of this program is to provide teachers with resources to become more effective teachers. The initial Development Briefs are numbered like college courses, they include:

Brief 101 Preparing To Teach

- Clarifying Your Beliefs
- Organizing the Physical Space
- Allocating Time for Learning
- Prioritizing Content
- Inviting the Learner

Brief 201 Focusing on Learning Readiness

This brief identifies the strategies used before the lecture to get the learner ready to learn. This is about the readiness phase of learning. The big idea here is that new learning is best introduced through a context that is personal (or at least familiar) or through an actual experience.

Brief 301 Engaging Learner Thinking

The focus is on ideas and strategies teachers can use to help each other design and lead thought-provoking, interactive content lectures to engage the learner. The big idea here is that in learning environments where formal knowledge is systematically defined, clarified, organized, challenged, affirmed and consolidated, learner understanding is enhanced.

Brief 401 Supporting Learner Performance

This brief centers on ideas and strategies that teachers can use to help each other incorporate thoughtful practice (application) and informative feedback (assessment) into their classroom routines. The big idea here is that all new learning requires the opportunity to practice and test new ideas.

Brief 501 Promoting Learner Responsibility

This brief centers on the ideas and strategies that teachers can use to help build a learning community to deepen relevance and meaning. The big idea here is that all new learning, if it is to be used, requires integration.

Design Forum 276 - The Mechanics of Emotion Bookset

The Pivot Point Store by calling 1-800-886-4247 ext 7303.
http://www.pivotpointstore.com/design_forum.html

Design Forum 276, DVD

Design Forum 276, Video Set

Design Forum 276, Book and Video Set

Design Forum 276, Bookset and DVD

Design Forum 275-Retrospect Book Set

Design Forum 274 - Innovation Book Set

Design Forum - Long Hair Coursebook - DFLH-BSC

Esthetician Guide to Working with Physicians

By Susanne S. Warfield

Guide to Building a Medical Esthetic Practice

By Susanne S. Warfield

Legal and Liability Issues of a Medical Spa

By Paula Cohen and Susanne S. Warfield

2003 PCI Yearbook

All the years abstracts re-indexed by subject matter for easy reference

OSHA Manual on Bloodborne Pathogens

By Susanne S. Warfield

Physicians Guide to In-Office Dispensing

By Inga Ellzey, MPA, RRA and Susanne S. Warfield

Laser Safety for the Salon, Spa & Small Medical Clinic

By Judi Nicholson, RN, BS and Susanne S. Warfield

Salon Fundamentals Text and DVD

Tool that enables educators to easily create custom and randomized tests and study guides in both print and electronic formats.

Question banks for each of the Salon Fundamentals Cosmetology textbook chapters are provided within the application. Educators can also create, use and save their own banks of questions.

Available question styles include Multiple Choice, True/False, Short Answer, Essay and Graphic.

Tests can be printed or posted and completed on a stand-alone computer, a local area network or a Web site in electronic (HTML) format. Electronic test results are scored automatically with a summary e-mailed to the instructor. The disc also contains printable Rubrics and Lesson Plans for the Salon Fundamentals Cosmetology program.

Prentice Hall

<http://vig.prenhall.com/catalog/academic/product/0,1144,0136059996,00.html>

Regents/Prentice Hall Textbook of Cosmetology, 3/E

Author: Mary Healy, Bronx, NY

ISBN: 0-13-690009-7

Publisher: Prentice Hall

Copyright: 1993

Every fundamental skill needed to prepare for the state licensing exam is included in this third edition of our leading cosmetology book. Presented with an emphasis on competency-based instruction, the text covers all basic services in cosmetology and stresses the effects of cosmetic processes on hair and skin.

Planning Your Cosmetology Career

Author: Mary Murphy-Martin

ISBN: 0-13-605999-6

Publisher: Prentice Hall

Copyright: 1994

The only workbook for cosmetology students with the information they need to make the transition from training to the workplace. Students using this workbook will experience greater job satisfaction and change jobs less frequently because they plan carefully to reach their career goals.

\WEBSITES

BeautyMag Online

<http://www.beautymagonline.com/frameset.htm>

The concept behind the e-magazine was to share information, inform and educate beauty and skin care professionals in an interactive manner globally. Caters to beauty professionals in all venues.

Dermascope

www.dermascope.com

The encyclopedia of aesthetics and spa therapy.

Hairnow International

<http://www.hairnow.com/>

We present to you the world's Salons and introduce the latest trends

Hooked on Nails

<http://www.hooked-on-nails.com/>

Website dedicated to nail technicians and especially interested consumers.

IsNow.com (Cosmetologists Chicago)

<http://www.isnow.com/>

Contains extensive links, tips, events, and articles related to the cosmetology industry.

Salon Channel.com

<http://www.salonchannel.com/default.htm>

Salon Web

<http://www.salonweb.com/gold/sm.htm>

Contains information of proper salon management as well as information on hair product chemistry and treatments.

Skin Inc.

www.Skininc.com

A magazine and articles on specific topics or stories related to skin care. (example: Skin Inc. Directory). If you are looking for general news, you can peruse the headlines listed in date order, with the most current news story listed first.

Vocational Information Center: Salon Business, Certification, Schools & Jobs

<http://www.khake.com/page76.html>

Contains many links on a variety of issues pertaining to Cosmetology professions.

CAREER DEVELOPMENT

Arizona Career Resource Network (AzCRN)

www.ade.az.gov/cte/azcrn

Arizona's career resource network for career exploration, college information, employability skills, job opportunities, Arizona labor market information, post secondary options, career advice.

Career Information System

www.azcis.intocareers.org

Provides information on careers, occupations, job search, self-employment, financial aid, programs of study, IDEAS Assessment, assessment link, O*NET Interest Profiler, etc.

You're Hired!

Clark, Marilyn; Mchalley, John; St. John, Michael; and Weihmann, Jan Hart.

Human Relations at Work

Eggland, Steven A. and Williams, John W. Cincinnati, OH:
Southwestern Publishing Company, 1993. ISBN 0-538-61092-1.

Strategies: Getting and Keeping the Job You Want

Ferrett, Sharon K
New York, NY: Glencoe McGraw-Hill. ISBN 0256-14229-7.

Lakeshore Basics and Beyond Catalog

www.lakeshorelearning.org

A variety of academic information related to the world of work and job ready skill information.

Real Games Series

www.realgame.com

A complete job readiness program. Select the level appropriate for your students. 1-888-700-8940.