

Standards/Measurement Criteria

Nursing Services

CIP No. 51.1600

***This indicates the “technical skill standards” for this program that will be assessed on the end-of-program Nursing Services standards assessment.**

1.0 EXAMINE CAREER OPPORTUNITIES IN THE NURSING SERVICES INDUSTRY

- 1.1 Collect career opportunity information
- 1.2 Develop a plan to achieve a career pathway
- 1.3 Explain how personal choices affect career opportunities in nursing services
- 1.4 Develop a portfolio of career opportunity information in nursing services

2.0 DEMONSTRATE JOB SEARCH SKILLS FOR THE NURSING FIELD

- 2.1 Research employment opportunities
- 2.2 Explain the steps in a job search
- 2.3 Analyze a job application
- 2.4 Prepare an employment résumé, portfolio, and cover letter
- 2.5 Demonstrate the use of technology in searching for a job

3.0 EXPLORE SKILLS NECESSARY TO MAINTAIN SUCCESSFUL EMPLOYMENT IN NURSING SERVICES

- 3.1 Practice leadership skills
- 3.2 Discuss work ethics and professionalism
- 3.3 Evaluate factors that contribute to successful performance at work
- 3.4 Discuss how social skills are helpful to obtain and maintain a job
- 3.5 Evaluate factors that contribute to successful performance in the workplace

4.0 PARTICIPATE IN LEADERSHIP ACTIVITIES SUCH AS THOSE SUPPORTED BY THE HEALTH OCCUPATION STUDENTS OF AMERICA (HOSA) and SkillsUSA

- 4.1 Examine the roles and responsibilities of individuals in organizations
- 4.2 Identify the characteristics of effective teams and effective team players
- 4.3 Practice techniques to involve each member of the team
- 4.4 Demonstrate teamwork
- 4.5 Participate in career development events
- 4.6 Practice effective meeting management skills
- 4.7 Exercise leadership skills as appropriate

5.0 EXAMINE THE HEALTH CARE DELIVERY SYSTEM

- 5.1 Investigate components of the health care delivery industry
- 5.2 Examine how technology impacts and changes the health care delivery field
- 5.3 Examine the concept of customer service within the context of nursing services

6.0 EXAMINE THE ROLE OF LEADERSHIP AND TEAMWORK IN NURSING SERVICES

- 6.1 Demonstrate an understanding of individual roles and responsibilities of the members of a health care team
- 6.2 Recognize the characteristics of effective teams in providing quality health care
- 6.3 Contribute to a team effort
- 6.4 Practice leadership skills in achieving a group goal
- 6.5 Give and receive constructive feedback
- 6.6 Work with minimal supervision
- 6.7 Develop productive, collaborative relationships with members of a workgroup
- 6.8 Complete tasks in a timely and effective manner

7.0 EXPLORE THE LEGAL AND ETHICAL STANDARDS IN THE HEALTH CARE DELIVERY SYSTEM

- 7.1 Explore the Patients' Bill of Rights
- 7.2 Discuss the concepts of malpractice, liability, and negligence as applied to nursing services
- 7.3 Recognize the policies and procedures for record keeping and documentation in the health care field
- 7.4 Understand the role and importance of confidentiality in health care
- 7.5 Discuss the technological threats to confidentiality in health care
- 7.6 Explain the meaning of medical ethics
- 7.7 Practice ethical and professional behavior when interacting with others
- 7.8 Explore the role of cultural, social, and ethnic diversity in providing quality health care
- 7.9 Describe the role of oversight organizations such as Joint Council on Accreditation of Healthcare Organizations (JCAHO) and Centers for Medicare and Medicaid Services (CMS)

8.0 DEMONSTRATE ORAL AND WRITTEN COMMUNICATION SKILLS FOR THE NURSING SERVICES

- 8.1 Communicate at appropriate levels to other's ability to understand
- 8.2 Apply active listening skills using reflection, restatement and clarification techniques
- 8.3 Interpret non-verbal behaviors to augment communication in a healthcare environment

- 8.4 Report relevant information in order of occurrence
- 8.5 Recognize the difference between objective and subjective information when communicating
- 8.6 Use medical terminology in order to interpret, transcribe and communicate data, information and observations

9.0 DEMONSTRATE PROBLEM SOLVING AND CRITICAL THINKING SKILLS APPLICABLE TO HEALTH CARE SITUATIONS

- 9.1 Apply problem-solving processes to solve basic nursing services related situations
- 9.2 Describe methods of establishing priorities in a health care environment
- 9.3 Explore the needs of internal and external customers of nursing services

10.0 DEMONSTRATE TECHNOLOGICAL LITERACY TO SUPPORT NURSING SERVICES AND HEALTH CARE OPERATIONS

- 10.1 Communicate using telecommunication tools (fax, email and internet)
- 10.2 Demonstrate usage of computers
- 10.3 Access health care related information electronically
- 10.4 Demonstrate basic knowledge of basic Input/Output devices such as keyboards, video monitors, printers and peripherals commonly used in the health care field
- 10.5 Apply word processing software to prepare letters, memorandums and reports
- 10.6 Describe the affects of technological advances on health and health care

11.0 EXPLORE SAFETY MEASURES IN THE LABORATORY AND HEALTH CARE SETTINGS

- 11.1 Demonstrate personal safety practices and procedures
- 11.2 Identify common safety hazards in health care settings
- 11.3 Use, maintain and store laboratory and health care related tools and equipment
- 11.4 Describe procedures for infection control

12.0 EXAMINE RESPONSIBILITY FOR PERSONAL WELLNESS IN THE NURSING SERVICES FIELD

- 12.1 Analyze sources of stress and stress management techniques
- 12.2 Develop and discuss skills for dealing with crisis
- 12.3 Discuss strategies for coping with grief and loss
- 12.4 Describe symptoms of chemical abuse
- 12.5 Describe symptoms and appropriate interventions for child, domestic and elderly abuse

13.0 DESCRIBE THE HUMAN BODY SYSTEMS

- 13.1 Describe cells, tissues, organs and systems
- 13.2 Describe the integumentary system
- 13.3 Describe the muscular system
- 13.4 Describe the skeletal system
- 13.5 Describe the nervous system
- 13.6 Describe the cardiovascular system
- 13.7 Describe the lymphatic system
- 13.8 Describe the respiratory system
- 13.9 Describe the gastrointestinal system
- 13.10 Describe the urinary system
- 13.11 Describe the endocrine system
- 13.12 Describe the reproductive system

14.0 DEVELOP AN INDIVIDUAL CAREER PLAN FOR THE NURSING SERVICES INDUSTRY

- 14.1 Investigate career options in the nursing field
- 14.2 Develop career goals based on interests, aptitude and research
- 14.3 Develop, implement and review personal and career plan/goals on an annual basis

15.0 PREPARE FOR EMPLOYMENT IN NURSING SERVICES

- 15.1 Develop a résumé
- 15.2 Complete job application process
- 15.3 Demonstrate interviewing skills, including pre-interview preparation and post-interview follow-up
- 15.4 Compare and contrast organization culture and its influence on job satisfaction
- 15.5 Research a health care organization as a potential employee

16.0 PARTICIPATE IN NURSING SERVICES WORK-BASED LEARNING EXPERIENCES

- 16.1 Describe factors that contribute to job satisfaction and success in the nursing field
- 16.2 Use technology appropriate for the job, including fax, pager and unit intercom
- 16.3 Dress in proper attire for job responsibilities
- 16.4 Identify and maintain personal hygiene
- 16.5 Demonstrate positive work behaviors (e.g. punctuality, appearance, etc.) for nursing services
- 16.6 Demonstrate priority setting, dependent on work outcomes
- 16.7 Use time management and workflow strategies to achieve tasks
- 16.8 Respond effectively verbally and non-verbally to daily interruptions and problems to ensure proper workflow
- 16.9 Demonstrate positive interpersonal behaviors

- 16.10 Demonstrate safe and healthy work behaviors and lifestyle management (e.g., stress management)
- 16.11 Practice preventive health behaviors
- 16.12 Interpret workplace changes as common occurrences
- 16.13 Adapt to changes in the workplace
- 16.14 Participate in work-based experiences, paid or non-paid

17.0 PARTICIPATE IN LEADERSHIP ACTIVITIES SUCH AS THOSE SUPPORTED BY THE HEALTH OCCUPATION STUDENTS OF AMERICA (HOSA) and SkillsUSA

- 17.1 Examine the roles and responsibilities of individuals in organizations
- 17.2 Identify the characteristics of effective teams and effective team players
- 17.3 Practice techniques to involve each member of the team
- 17.4 Demonstrate teamwork
- 17.5 Participate in career development events
- 17.6 Practice effective meeting management skills
- 17.7 Exercise leadership skills as appropriate

18.0 DEMONSTRATE EFFECTIVE ORAL COMMUNICATION SKILLS FOR THE HEALTH CARE INDUSTRY

- 18.1 Conduct formal/informal information gathering to collect appropriate topical information
- 18.2 Use questioning techniques to obtain needed information
- 18.3 Use communication appropriate to the level of the audience and in specialty situations
- 18.4 Use communication skills (verbal and nonverbal) that demonstrate sensitivity and empathy
- 18.5 Interpret verbal and nonverbal communications of audience
- 18.6 Demonstrate active listening during communications
- 18.7 Assess comprehension and understanding of others
- 18.8 Verify understanding of information provided
- 18.9 Deliver presentation incorporating both appropriate verbal and nonverbal communication techniques using appropriate technologies
- 18.10 Demonstrate cultural competence and gender sensitivity in interacting with diverse audiences
- 18.11 Demonstrate effective telephone technique
- 18.12 Distinguish between subjective and objective information when reporting

19.0 DEMONSTRATE WRITTEN COMMUNICATION SKILLS FOR THE NURSING INDUSTRY

- 19.1 Conduct formal/informal research to collect appropriate topical information
- 19.2 Organize research information and develop an outline
- 19.3 Write business communication using appropriate format for the situation

- 19.4 Using appropriate technology, prepare draft document using established rules for grammar, spelling and sentence construction
- 19.5 Use legible handwriting according to protocol
- 19.6 Demonstrate proficiency in simple word processing
- 19.7 Demonstrate skill in the use of the Internet, email, and information database

20.0 USE MATHEMATICAL PROCEDURES AND PROTOCOLS IN NURSING RELATED SITUATIONS

- 20.1 Use simple mathematical calculations: addition, subtraction, multiplication, division, and ratio proportion and percentages
- 20.2 Demonstrate use of Arabic and Roman numerals, weights and measures, conversion in temperature and the metric system
- 20.3 Apply math calculations to a variety of situations

21.0 EVALUATE THE ROLE OF HEALTHCARE IN THE ECONOMY

- 21.1 Explore the role of healthcare on local, state and national economies
- 21.2 Examine systems theory in healthcare delivery
- 21.3 Examine the advantages/disadvantages of different healthcare delivery systems based on cost, managed care, populations, technology, and alternative therapies
- 21.4 Evaluate different healthcare delivery systems models
- 21.5 Identify and list factors, including personal traits, which contribute to the success of a healthcare system
- 21.6 Examine the impact of populations, access to care, alternative therapies and lifestyle/behavior on health care delivery systems
- 21.7 Assess socioeconomic, technological, bioethical changes on health care systems
- 21.8 Analyze the relationship of customer services and customer satisfaction on the success of a healthcare system

22.0 EXPLORE BUSINESS AND FINANCIAL MANAGEMENT PRACTICES NEEDED IN HEALTHCARE SYSTEMS

- 22.1 Explore the impact of finances on decision making and planning in healthcare
- 22.2 Explore the cost effectiveness of health care procedures within different health care systems
- 22.3 Compare and contrast a variety of insurances and benefits
- 22.4 Explore healthcare decisions based on satisfaction, productivity, cost effectiveness and efficiency
- 22.5 List factors necessary to facilitate customer relations
- 22.6 Apply customer service skills during all transactions demonstrating courtesy to others

23.0 EVALUATE LEADERSHIP STYLES APPROPRIATE FOR NURSING SERVICES

- 23.1 Determine personal characteristics of effective leaders
- 23.2 Compare/contrast the roles, responsibilities and styles of leaders and managers who work in organizations
- 23.3 Describe how cultural/ethnic differences affect leadership styles and interpersonal interactions within a group

24.0 FUNCTION AS A MEMBER OF THE HEALTH TEAM IN THE HEALTH CARE INDUSTRY

- 24.1 Describe the functions and duties of health care teams in various settings
- 24.2 Describe the role and responsibilities of the nurse assistant and other healthcare team members in a variety of settings
- 24.3 Identify the duties, education and credentialing requirements for each member of the nursing team
- 24.4 Perform within the scope of practice for the nurse assistant
- 24.5 Maintain scope of job responsibilities within the state and federal laws, regulations and the organization's protocols and procedures

25.0 DEMONSTRATE A CARING APPROACH AND ATTITUDE

- 25.1 Demonstrate understanding of own and other's values and beliefs
- 25.2 Maintain the dignity and integrity of individuals
- 25.3 Identify effective coping strategies for self, residents/patients and families

26.0 PRACTICE EFFICIENT PROBLEM-SOLVING AND CONFLICT RESOLUTION TO NURSING RELATED SITUATIONS

- 26.1 Interpret issues/situations to determine the problem
- 26.2 Determine factors relevant to the problem
- 26.3 Use professional verbal and nonverbal communication to present opinions, facts and feelings
- 26.4 Demonstrate a systematic approach to problems
- 26.5 Use appropriate interventions to resolve a conflict
- 26.6 Give assistance in resolving grievances and disputes
- 26.7 Examine results to determine course of action
- 26.8 Assess outcomes for their effectiveness

***27.0 DEMONSTRATE ETHICAL AND LEGAL CONDUCT IN ALL NURSING RELATED ACTIVITIES**

- 27.1 Examine ethical and legal issues in the nursing services field
- 27.2 Examine personal ethics, morals and values
- 27.3 Compare and contrast behaviors and practices that could result in malpractice, liability, or negligence
- 27.4 Explain risk management protocols (e.g., incident reporting)
- 27.5 Use problem solving processes when dealing with legal issues

- 27.6 Practice appropriate ethical and legal standards for health care professional
- 27.7 Maintain code of ethics and organization's ethical protocols
- 27.8 Interpret, explain and apply the Patient's Bill of Rights
- 27.9 Provide for resident/patient privacy
- 27.10 Identify methods to ensure resident/patient confidentiality, including potential Health Insurance Portability and Accountability Act (HIPAA) violations
- 27.11 Maintain resident/patient confidentiality
- 27.12 Describe the role of oversight organizations such as Joint Council on Account Accreditation of Healthcare Organizations (JCAHO) and Centers for Medical Services.
- 27.13 Describe ways that a resident/patient may be subject to abuse and identify contributing factors
- 27.14 Promote the resident/patient's rights to be free from abuse, mistreatment and neglect
- 27.15 Report any instance (or suspicion) of abuse, mistreatment or neglect to the appropriate supervisor
- 27.16 Comply with legal, regulatory, and accreditation standards or codes such as the Health Insurance Portability and Accountability Act (HIPAA)
- 27.17 Adhere to the standards for workers' rights, harassment, labor and employment laws

***28.0 USE STANDARD PRECAUTIONS AND SAFETY MEASURES APPROPRIATE FOR NURSING SERVICES**

- 28.1 Explain the infectious process and modes of transmission of disease
- 28.2 Apply Center for Disease Control (CDC) and Prevention guidelines related to body substances and Standard Precautions
- 28.3 Demonstrate general principles of asepsis
- 28.4 Demonstrate principles of hand hygiene
- 28.5 Demonstrate knowledge of isolation and use isolation procedures
- 28.6 Use Personal Protective Equipment (PPE)

***29.0 APPLY PRINCIPLES OF BODY MECHANICS TO POSITIONING, TRANSPORTING, TRANSFERRING AND AMBULATING THE RESIDENT/PATIENT**

- 29.1 Use appropriate and safe body mechanics
- 29.2 Identify complications of decreased mobility, including bed rest and non-ambulatory resident/patient
- 29.3 Turn and position resident/patient in bed or chair-side lying, supine, prone, Sim's, high and low Fowler's, Trendelenberg, lithotomy, orthopneic, logrolling, move up in bed, dangling
- 29.4 Demonstrate the use of assistive positioning devices such as foot boards, hand rolls, bed cradles, and abductor pillow
- 29.5 Demonstrate the use of assistive devices in ambulation such as crutches/cane/walker/wheelchair

- 29.6 Demonstrate the use of assistive devices in transferring residents/patients: gait belt, mechanical lifters, slide board and lift sheet
- 29.7 Assist resident/patient to ambulate
- 29.8 Assist resident/patient to ambulate using a gait belt
- 29.9 Demonstrate proper positioning of a resident/patient in a wheelchair
- 29.10 Provide assistance and care for resident/patient who is falling or who has fallen
- 29.11 Utilize assistive devices to position, turn, transport, transfer, and ambulate the resident/patient
- 29.12 Assist the resident/patient to transfer from bed to chair/gurney/stretchers
- 29.13 Use transport and transfer procedures safely
- 29.14 Demonstrate use and application of continuous positive motion (CPM) devices

***30.0 PROVIDE BASIC EMERGENCY CARE**

- 30.1 Recognize emergency situations/changes in condition and notify appropriate personnel per protocol
- 30.2 Recognize deviations from normal physiological processes
- 30.3 Demonstrate basic life support (CPR) at minimum level for practice
- 30.4 Perform standard first aid skills
- 30.5 Use simple first aid procedures such as maintaining the ABC's
- 30.6 Perform abdominal thrusts for the choking victim (Heimlich Maneuver)

***31.0 ANALYZE HUMAN BODY SYSTEMS RELATIVE TO COMMON CONDITIONS AND DISORDERS AND THEIR CARE**

- 31.1 Differentiate between wellness and illness
- 31.2 Recognize abnormal changes in body function and report such changes to a supervisor
- 31.3 Observe and report abnormal signs and symptoms of common diseases and conditions
- 31.4 Care for resident/patient with common conditions and disorders of the integumentary system
- 31.5 Care for resident/patient with common conditions and disorders of the muscular system
- 31.6 Care for resident/patient with common conditions and disorders of the skeletal system
- 31.7 Care for residents/patients with common conditions and disorders of the nervous system
- 31.8 Care for resident/patient with common conditions and disorders of the cardiovascular system
- 31.9 Care for resident/patient with common conditions and disorders of the lymphatic system
- 31.10 Care for resident/patient with common conditions and disorders of the respiratory system

- 31.11 Care for resident/patient with common conditions and disorders of the gastrointestinal system
- 31.12 Care for resident/patient with common conditions and disorders of the urinary system
- 31.13 Care for resident/patient with common conditions and disorders of the endocrine system
- 31.14 Care for resident/patient with common conditions and disorders of the reproductive system

***32.0 USE CORRECT MEDICAL TERMINOLOGY FOR NUSING SERVICES**

- 32.1 Apply knowledge of body systems and functions as a basis for using medical terminology
- 32.2 Pronounce technical terms correctly
- 32.3 Demonstrate use of common symbols, roots, and abbreviations
- 32.4 Demonstrate use of common prefixes and suffixes
- 32.5 Demonstrate specific vocabulary, procedures, abbreviations and word elements for defined work areas
- 32.6 Use medical terminology to interpret, transcribe and communicate information, data, and observations (including sound alike and look alike terms)

***33.0 MONITOR VITAL SIGNS**

- 33.1 Identify normal values of vital signs
- 33.2 Analyze routine vital signs
- 33.3 Explain methods for taking temperature and the criteria that determine the appropriate method to use (e.g., confused patient, infant, child, etc.)
- 33.4 Measure and record temperature (digital, electronic, oral, rectal, axillary, tympanic)
- 33.5 Measure and record pulse rate (radial, apical, carotid, brachial)
- 33.6 Measure and record respirations
- 33.7 Measure and record blood pressure
- 33.8 Measure and record height and weight (upright/bed/chair scale)
- 33.9 Measure and record oxygen saturation using an oximeter
- 33.10 Notify appropriate personnel per protocol when a vital sign has change
- 33.11 Describe common signs and symptoms of pain
- 33.12 Identify behaviors which indicate the resident/patient's level of pain
- 33.13 Report observations of resident/patient's pain to Licensed personnel
- 33.14 Apply non-invasive pain relief measures within scope of practice

***34.0 DEMONSTRATE PERSONAL CARE, GROOMING AND RELATED PROCEDURES**

- 34.1 Bathe resident/patient with consideration for resident/patient need and setting including: complete bed bath, partial bath, tub bath, whirlpool and shower
- 34.2 Promote skin integrity

- 34.3 Give skin care including back rub
- 34.4 Recognize and report skin problems including the four major stages of decubitus ulcers
- 34.5 Give perineal care
- 34.6 Provide catheter care
- 34.7 Give mouth/denture care
- 34.8 Give hair care/shampoo
- 34.9 Give fingernail/toenail care within scope of practice
- 34.10 Shave resident/patient
- 34.11 Assist resident/patient with dressing and undressing, including help with assistive dressing devices and IV gown change
- 34.12 Demonstrate use and care of prosthetic and orthotic devices
- 34.13 Apply bedmaking procedures (occupied/unoccupied) to promote resident/patient's comfort
- 34.14 Utilize methods for pressure reduction, including floating heels, repositioning and reporting signs of increased pressure
- 34.15 Position the call light for easy access
- 34.16 Provide A.M./P.M. care
- 34.17 Provide care within scope of practice to residents/patients receiving oxygen
- 34.18 Demonstrate proper and safe use of oxygen delivery systems/equipment (e.g., nasal cannula, face mask)

***35.0 MAINTAIN A SAFE, CLEAN, COMFORTABLE ENVIRONMENT FOR THE RESIDENT/PATIENT**

- 35.1 Establish a safe clean resident/patient environment
- 35.2 Maintain a safe and clean work area in a variety of settings
- 35.3 Maintain care and security of resident/patient's personal possessions
- 35.4 Apply safety precautions related to age of resident/patient
- 35.5 Apply measures of prevention and use emergency procedures for common accidents and disasters
- 35.6 Apply safety precautions and emergency procedures for fire, chemicals and biohazardous materials
- 35.7 Demonstrate fire drill procedure
- 35.8 Identify disaster plans
- 35.9 Adhere to the evacuation plan per protocol
- 35.10 Maintain and enforce infection control procedures, radiation protection measures, and hazard communication
- 35.11 Employ quality measures when handling and maintaining equipment and materials
- 35.12 Maintain equipment to ensure its safe use
- 35.13 Comply with hazardous labeling requirements and safety signs, symbols, and labels
- 35.14 Handle and dispose of contaminated and hazardous items according to standards and procedures

***36.0 ASSIST THE RESIDENT/PATIENT IN MEETING
NUTRITIONAL NEEDS**

- 36.1 Explain optimal nutritional status for the resident/patient across the life span
- 36.2 Recognize personal, cultural, and religious variations in diet
- 36.3 Examine therapeutic diets
- 36.4 Demonstrate procedure for ensuring resident/patient receives the diet as ordered and appropriate actions for inaccuracies
- 36.5 Prepare and present meal in a home setting
- 36.6 Provide meals to the resident/patient
- 36.7 Prepare and position resident/patient for meals
- 36.8 Provide and restrict fluids as ordered
- 36.9 Assist the resident/patient with eating using effective feeding techniques
- 36.10 Demonstrate use of assistive eating devices
- 36.11 Measure and record appropriate nutritional data, including meal percentage, intake and output

***37.0 FACILITATE ACTIVITIES RELATED TO ELIMINATION**

- 37.1 Assist resident/patient with toileting, including the use of the bedpan, urinal, commode and toilet seat extension
- 37.2 Measure, calculate and record fluid intake and output
- 37.3 Reinforce bowel and bladder training
- 37.4 Assist resident/patient with alternative methods of elimination (including ostomy, urostomy, Foley catheter)
- 37.5 Provide care for the incontinent resident/patient
- 37.6 Provide care for resident/patient who is vomiting

***38.0 CARE FOR THE RESIDENT/PATIENT WHO MAY REQUIRE
PROTECTIVE DEVICES**

- 38.1 Describe the ethical and legal issues in the use of restraints
- 38.2 Demonstrate restraint techniques including alternatives for restraints
- 38.3 Utilize interventions that minimize the need for restraints
- 38.4 Examine protective door devices for secure areas
- 38.5 Apply and monitor mobility alarms
- 38.6 Observe and report resident/patient's condition while in protective devices

***39.0 CARE FOR RESIDENTS/PATIENTS WITH DRAINS/TUBES**

- 39.1 Demonstrate required positioning for resident/patient receiving tube feeding
- 39.2 Examine associated complications with improper positioning of resident/patient
- 39.3 Provide care for resident/patient with feeding tubes
- 39.4 Provide care for resident/patient with gravity and sump drains
- 39.5 Observe, measure and record drainage

***40.0 CARE FOR RESIDENT/PATIENT WITH BINDERS, BANDAGES, DRESSINGS, AND ANTIEMBOLIC DEVICES**

- 40.1 Apply binders
- 40.2 Apply support, anti-embolism, and compression hose
- 40.3 Maintain dressings
- 40.4 Observe and report resident/patient's dressings on and around sites (e.g. wounds, drains, IVs, etc).

***41.0 CARE FOR RESIDENT/PATIENT RECEIVING HEAT AND COLD TREATMENTS**

- 41.1 Apply warm moist compress
- 41.2 Apply warm soaks to extremities
- 41.3 Apply heat pack
- 41.4 Apply K-Pad
- 41.5 Assist resident/patient with sitz bath
- 41.6 Apply cold treatment using a cooling blanket
- 41.7 Apply cold treatment using a cold compress
- 41.8 Apply ice bag
- 41.9 Identify methods to ensure appropriate temperature range for heat and cold treatments
- 41.10 Monitor and observe safety with heat and cold treatments

***42.0 ASSIST WITH ADMISSION, TRANSFER AND DISCHARGE OF RESIDENT/PATIENT**

- 42.1 Demonstrate procedure for admitting a resident/patient
- 42.2 Demonstrate procedure for resident/patient transfer
- 42.3 Demonstrate procedure for discharging a resident/patient
- 42.4 Maintain safekeeping of resident/patient's belongings

***43.0 PERFORM OR ASSIST WITH DIAGNOSTIC TESTING AND EXAMINATIONS**

- 43.1 Collect, label, and send specimens according to protocol
- 43.2 Perform diagnostic testing including stool specimen for culture and sensitivity/ova/parasites/guac; urine specimen for routine analysis (clean catch, midstream and 24 hour urine); and sputum
- 43.3 Explain blood glucose testing per AzSBN protocol
- 43.4 Assist with preparation for and positioning of resident/patient for examinations
- 43.5 Explain safety and privacy issues that can arise while assisting with exam

***44.0 CARE FOR THE PERIOPERATIVE RESIDENT/PATIENT**

- 44.1 Assist with preoperative care per protocol
- 44.2 Assist with postoperative care per protocol

***45.0 ASSIST RESIDENT/PATIENT WITH RESTORATIVE AND HEALTH PROMOTION ACTIVITIES**

- 45.1 Provide needed assistance in getting to and participating in resident/patient activities
- 45.2 Apply restorative activities when caring for the resident/patient
- 45.3 Promote the resident/patient's right to make personal choices to accommodate their needs
- 45.4 Promote resident/patient's independence
- 45.5 Allow the resident/patient to make personal choices, providing and reinforcing other behavior consistent with the resident/patient's dignity
- 45.6 Assist resident/patient to participate in activities
- 45.7 Perform passive range of motion exercises
- 45.8 Direct resident/patient in active range of motion exercises
- 45.9 Assist and instruct resident/patient to be independent in the activities of daily living
- 45.10 Use family/significant others as a resource and source of social and emotional support
- 45.11 Assist resident/patient in planned recreational activities
- 45.12 Assist the resident/patient with activities that support and encourage social relationships
- 45.13 Assist resident/patient in achieving optimal wellness

***46.0 CARE FOR THE RESIDENT/PATIENT FROM SPECIAL POPULATIONS AND THOSE WITH SPECIAL NEEDS**

- 46.1 Describe special needs of the resident/patient across the life span
- 46.2 Identify the developmental tasks associated with the aging process
- 46.3 Modify personal behavior in response to resident/patient behavior
- 46.4 Demonstrate techniques for addressing the unique needs and behaviors of individuals with dementia, Alzheimers, and other cognitive or sensory deficits
- 46.5 Communicate effectively with cognitively impaired residents and patient
- 46.6 Respond appropriately to the behavior of a cognitively impaired resident/patient
- 46.7 Utilize interventions to reduce the effects of cognitive impairments
- 46.8 Recognize and provide care to angry, depressed or unresponsive resident/patient
- 46.9 Identify nature and care of sensory deficits
- 46.10 Describe special needs of the resident/patient with a mental health diagnosis
- 46.11 Describe special needs of the resident/patient who lives in long-term care/alternative care facilities

***47.0 CARE FOR THE DYING RESIDENT/PATIENT AND HIS/HER FAMILY**

- 47.1 Identify the stages of dying

- 47.2 Describe the grieving and death and dying process experienced by the resident/patient and their families
- 47.3 Explain the role of hospice in end-of-life care
- 47.4 Assist with care of the dying resident/patient and support for the family considering physical needs, spiritual and cultural beliefs
- 47.5 Prepare deceased body for removal from unit